



April 25<sup>th</sup>, 2025

### **Research Internship: Neural Correlates of Alexithymia**

*As soon as possible*

The Chair of Clinical Child and Adolescent Psychology has an immediate opening for a (remote) research internship on "Neural correlates of alexithymia."

Alexithymia, the difficulty recognizing and expressing emotions, plays a significant role in mental and physical health. Individuals with alexithymia are considered to have difficulty understanding and communicating their own emotions, which negatively impacts their emotion regulation, interpersonal relationships, and general well-being. Although there is a growing number of individual studies examining the neural basis of alexithymia, a comprehensive synthesis of these findings is needed.

The current meta-analysis aims to deepen the understanding of the neural basis of alexithymia and thus provide important insight into potential intervention approaches to improve emotion processing and the psychological well-being of those affected. Students who are interested in research with a clinical and neurobiological focus are warmly invited to apply.

If you are interested, please send an application with the relevant documents (i.e., CV, bachelor's thesis, certificates) to Julia Ditzer, email: [julia.ditzer@tu-dresden.de](mailto:julia.ditzer@tu-dresden.de).